

你想有個 豐盛人生嗎?

Do you want a fulfilled life?

天南地北免費粵語講座 Life Enrichment Workshop

內容

易筋運動、營養醫學資訊信息、暢談歷史、文化、時事和人生
Yijin exercise, nutrition and medical messages, and discussion on history, culture, news & life

時間

逢星期一 (公眾假期除外) Every Monday (except public holidays)
12:15pm - 2:30pm

地點

三藩市播道會 San Francisco Evangelical Free Church
756 Union Street, San Francisco, CA 94133

講員

蘇穎睿牧師，吳光敏醫生，營養師黃嘉慧，脊椎神經科醫生羅韻雅
Rev. Wing So, Dennis Ing, MD, Catherine Wong, MPH, RD and Joana da Rosa, DC, DABCO

請電 ◆ Please call : (415) 364-7902



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Nutrition Education and Obesity Prevention Chinese Project, Chinatown Public Health Center, San Francisco Department of Public Health
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